

NICE/BTS/SIGN ASTHMA GUIDELINES

FeNO Testing Explained

#FeNOFirst



INTRODUCTION TO THE NEW GUIDELINES

On 27th November, NICE, BTS and SIGN developed a joint UK wide asthma guidelines for the first time with regards to asthma management and diagnosis. It places FeNO testing as the first step in the diagnostic pathway for adults and children aged 5–16.

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WORLD ASTHMA DAY

Let's make
sure asthma
care starts
with the
right tools.

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WHAT IS FENO?

FeNO stands for Fractional Exhaled Nitric Oxide. FeNO testing measures the amount of nitric oxide gas in a patient's exhaled breath. High levels indicate airway inflammation, a key marker of asthma.

FeNO testing helps healthcare professionals identify asthma-related inflammation even when symptoms are unclear, leading to more accurate diagnosis and personalised treatments.

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WHY FENO FIRST?

- ✓ **Accurate Diagnosis**
FeNO testing identifies airway inflammation, the key feature of asthma, early and reliably.
- ✓ **Reduces Misdiagnosis**
By pinpointing asthma-related inflammation, FeNO testing helps differentiate asthma from other respiratory conditions like COPD or infections.
- ✓ **Personalised Treatment**
FeNO levels guide treatment plans, ensuring patients get the right care at the right time.
- ✓ **Cost-Effective**
Earlier, accurate diagnosis reduces unnecessary tests, hospital visits, and long-term healthcare costs.

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NICE/BTS/SIGN RECOMMENDATIONS

The new guidelines recommend FeNO testing to:

Confirm asthma in adults and children over 5.

Guide treatment decisions for care.

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FENO WITH.. NObreath®



IT CAN BE USED ON ADULTS AND CHILDREN

With simple on-screen prompts, the NObreath® can be used on both adults and children



SIMPLE TO USE TOUCHSCREEN CONTROL

Easy to follow icon based menus on a high resolution screen



GET ACCURATE FENO READINGS INSTANTLY

Obtain readings quickly, saving precious minutes in appointments



ON-SCREEN INCENTIVES FOR PATIENT COMPLIANCE

Ensures correct usage to obtain a good quality FeNO reading



RECOMMENDED BY NICE¹

Tried and tested in clinical practice for diagnosis and monitoring of patients with Asthma



NO TEST LIMITS IMPOSED ON THE DEVICE

Low cost of ownership meaning you won't need to replace the device after a certain amount of tests



MOUTHPIECE CAN BE USED MORE THAN ONCE

Unlike other devices, the mouthpiece can be used by the same person more than once



FREE PC SOFTWARE

Download readings directly from the monitor and maintain a history using the free FeNOchart™ software.



 **NObreath®**
FeNO monitor



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DID YOU KNOW?

FeNO monitoring aids in reaching an asthma diagnosis quicker, manage patient medication better and frees up valuable clinical time without compromise on quality of care. A quick breath test with instant results.

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