The Resmon Pro™ is a professional, stand-alone device for non-invasive evaluation and quantification of the degree of pulmonary obstructive diseases. Laboratories love the Resmon Pro because it is accurate, versatile and efficient. Patients love it because it is fast and easy to use.

The Resmon Pro uses the forced oscillation technique (FOT) to measure the mechanical properties of the lung and airways. FOT assesses the respiratory system’s response to small-pressure stimuli applied to the opening of the airway during normal breathing.

With just a few normal tidal breaths from the patient, the Resmon Pro can observe and quantify degree of pulmonary obstruction, localize peripheral, central or heterogeneous issues. During the test the Resmon Pro will also detect expiratory flow limitation (EFL) while evaluating bronchial reversibility and bronchial challenge testing. The Resmon Pro is an essential diagnostic tool for measuring respiratory function in individuals who cannot perform spirometry—including elderly or pediatric patients and patients with neuromuscular disease. It also has important clinical uses in asthma, COPD and airways clearance evaluation.

With such versatility, the Resmon Pro is ideal for virtually any testing environment—including pulmonary laboratories, private offices, on-site school or workplace settings and sites for clinical trials or research studies.

Designed, developed and manufactured by:
RESITECH
www.restech.it

Resmon™ PRO FULL Forced Oscillation Technique

Specifications:
- Flow Measurement: Mesh type ±1.5 L/s
- Linear range: 2±
- Mouth pressure: ±2.5 cm H2O
- Mouth pressure linearity: 0.05% full scale
- Resolution: 0.015 cm H2O

Testing “within breath” signals mode:
- Single frequency: 5, 6, 8, 10 Hz
- Multiple frequency: 5 + 11 + 19 Hz
- Pseudo random noise (PSRN): 5-37 Hz

Measurement accuracy:
- ±0.1 cm H2O/L/s or 10% of the measured value
- Calibration: Factory calibration according to international guidelines + auto-zeroing of the sensors before each test + calibration check with a test object (provided)
- Patient load: 0.36-0.54 cm H2O/L/s in the frequencies of normal breathing (0.1-1 Hz)

Connectivity:
- 2 USB ports
- Ethernet

Processor and memory:
- Dual core architecture, 64 MB RAM, 4 GB flash memory
- 5.7” LCD backlit touchscreen display

Electrical specifications:
- Medical grade 100/240 V, 50/60 Hz 60 W input AC/15 VDC output power supply
- Stand-by current: 250 mA
- Average current: 1500 mA

Materials external case:
- ABS

Support arm:
- Aluminum

Speaker membrane:
- Silicone rubber

Certification:
- MDD 93/42 EEC, FDA pending

The Resmon Pro FOT system is not approved for clinical or diagnostic use in the U.S.A.
The Resmon Pro is the result of more than 15 years of research performed at the medical engineering school of the Politecnico di Milano University (Milan, Italy) in cooperation with key scientific clinical and research centers in Europe, US and Australia.

**Convenient Size and Functions**
- Easily transportable allowing for testing in the lab and off-site (school, office, etc.)
- Self-contained and compact unit
- Quiet operation with an automatic “active-wash” silent fan for expired CO₂ removal from the system
- Suitable for children
- Unique ERJ referenced verification tool is included to verify the accuracy of both resistance (Rrs) and reactance (Xrs) recordings at any time
- Verification date/time printed on final report for quality assurance.

**Unique Features for Clinical and Research Use**
- “WITHIN-BREATHE” ANALYSIS OF BREATHING PATTERNS AT FAST SAMPLING FREQUENCY
  - Real-time display of resistance (R), reactance (X) and tidal volume
  - Accurate calculation of inspiratory, expiratory and total parameters
  - Full respiratory pattern parameters measurement and reporting
- THREE MEASUREMENT MODES:
  - Single frequency mode options of 5, 6, 8, 10 Hz (for children, severely obstructed patients and special research purposes)
  - Innovative “enhanced optimized” multiple frequency mode of 5-11-19 Hz
  - “Enhanced optimized” Pseudo Random Noise (PSN) of 5-37 Hz
- EXCLUSIVE “10 BREATHS” MODE
  - Comfortable testing for the patient with an automatic discard algorithm for non-physiological, non-coherent breaths
- AUTOMATIC ADJUSTMENT AND DETECTION
  - Automatic adjustment based on patient impedance, auto adjustment of stimulus amplitude during the first three breaths for optimal patient comfort
  - Unique automatic detection and quantification of Expiratory Flow Limitation with (patented) ΔXrs index graph and % of Flow Limited breaths (FL%), also used for pre-post bronchodilator or pre-post treatment testing
- Only 35cc of dead space
- A wide touchscreen for fast, easy and intuitive test management
- Large internal memory
- Built-in database to store and retrieve patient data
- Multi-user access with data security
- Detailed report of results for further trending, analysis and statistics
- Data available in RAW, XSL/CSV and PDF output
- Connectivity options

**Clinical Issues and FOT Solutions**
- “Spirometry is not an easy test to perform because the forceful expiratory and inspiratory manoeuvres require good patient co-operation. Children aged <5 years, elderly people and those with physical and cognitive limitations cannot perform spirometry easily.” Ref: Brashier et al, 2015
- Pre-Post bronchodilator testing with forced flow-volume loops maneuvers and body plethysmography are very difficult to perform by most patients especially in Acute Exacerbations COPD (AECOPD)
- DEEP INHALATION EFFECT: It has been demonstrated and referenced over the last years that the Deep Inhalation can alter the bronchial tone in COPD and Asthma patient, adults and pediatrics.
  - “The deep inspiration that precedes forced expiration may modify airway smooth muscle tone, and, therefore, may influence the result of the BHR test.” Ref: Ogden et al 2013
- EFL (EXPIRATORY FLOW LIMITATION) often difficult measurement:
  - “EFL promotes dynamic pulmonary hyperinflation and intrinsic positive end-expiratory pressure (PEEP) with concurrent dyspnea” Ref: Kadri et al, 2013
- Airways Clearance Therapy Effects: "In spite of the widespread application of Airways clearance techniques in respiratory rehabilitation, we could not identify, at this time, objective outcome measurements for these treatments” Ref: Gigliotti et al, 2015
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**RESMON PRO FOT SYSTEM**

**DESIGNED, DEVELOPED, PRODUCED AND SUPPORTED BY EXPERTS**

**CONVENIENT SIZE AND FUNCTIONS**

- Easily transportable allowing for testing in the lab and off-site (school, office, etc.)
- Self-contained and compact unit
- Quiet operation with an automatic “active-wash” silent fan for expired CO\textsubscript{2} removal from the system
- Suitable for children
- Unique ERJ referenced verification tool is included to verify the accuracy of both resistance (Rs) and reactance (Xs) recordings at any time
- Verification date/time printed on final report for quality assurance.

**UNIQUE FEATURES FOR CLINICAL AND RESEARCH USE**

- **“WITHIN-BREATH” ANALYSIS OF BREATHING PATTERNS AT FAST SAMPLING FREQUENCY**
  - Real-time display of resistance (R), reactance (X) and tidal volume
  - Accurate calculation of inspiratory, expiratory and total parameters
  - Full respiratory pattern parameters measurement and reporting
- **THREE MEASUREMENT MODES:**
  - Single frequency mode options of 5, 6, 8, 10 Hz (for children, severely obstructed patients and special research purposes)
  - Innovative “enhanced optimized” multiple frequency mode of 5-11-19 Hz
  - “Enhanced optimized” Pseudo Random Noise (PSN) of 5-37 Hz
- **EXCLUSIVE “10 BREATHS” MODE**
  - Comfortable testing for the patient with an automatic discard algorithm for non-physiological, non-coherent breaths
- **AUTOMATIC ADJUSTMENT AND DETECTION**
  - Automatic adjustment based on patient impedance, auto adjustment of stimulus amplitude during the first three breaths for optimal patient comfort
  - Unique automatic detection and quantification of Expiratory Flow Limitation with (patented) ΔX\textsubscript{rs} index graph and % of Flow Limited breaths (FL%), also used for pre-post bronchodilator or pre-post treatment testing
  - Compiles to ERS guideline of peak-to-peak mouth pressure
- **MINIMAL DEAD SPACE**
  - Only 35cc of dead space

**CLINICAL ISSUES AND FOT SOLUTIONS**

- “Spirometry is not an easy test to perform because the forceful expiratory and inspiratory manoeuvres require good patient co-operation. Children aged <5 years, elderly people and those with physical and cognitive limitations cannot perform spirometry easily.” Ref: Brashier et al, 2015
- Pre-Post bronchodilator testing with forced flow-volume loops maneuvers and body plethysmography are very difficult to perform by most patients especially in Acute Exacerbations COPD (AECOPD)
- DEEP INHALATION EFFECT: It has been demonstrated and referenced over the last years that the Deep Inhalation can alter the bronchial tone in COPD and Asthma patient, adults and pediatrics.
  “The deep inspiration that precedes forced expiration may modify airway smooth muscle tone, and, therefore, may influence the result of the BHR test.” Ref: Olsson et al 2013
- EFL (EXPIRATORY FLOW LIMITATION) often difficult measurement: “EFL promotes dynamic pulmonary hyperinflation and intrinsic positive end-expiratory pressure (PEEP) with concurrent dyspnea” Ref: Nadas et al, 2011
- Airways Clearance Therapy Effects: “In spite of the widespread application of airways clearance techniques in respiratory rehabilitation, we could not identify, at this time, objective outcome measurements for these treatments” Ref: Gigliotti et al, 2015
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